

1. *Staphylococcus aureus* (Staph. aureus) is a common cause of skin infections, such as abscesses, boils, and impetigo. It is also a leading cause of hospital-acquired infections, including pneumonia, bloodstream infections, and surgical site infections.

The above amendments are submitted to place this application in proper U.S. format. Entry of the amendment and an early action on the merits are solicited.

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Version with Markings
to Show Changes Made to the Claim

1 3. (Amended) A method as claimed in claim 1 [or 2],
2 characterised in that the packet message signal includes an
3 information service identifier and in that a display
4 apparatus is enabled by the information services identifier to
5 receive information services transmitted in the at least one
6 text page.

Abstract—The purpose of this study was to determine the effect of a 10-week training program on the heart rate (HR) and heart rate reserve (HRR) of sedentary middle-aged men. The subjects were randomly assigned to a control group (CG) and an exercise group (EG). The EG performed a 10-week training program consisting of three sessions per week. The HR and HRR were measured at rest and during submaximal and maximal exercise at baseline and after 10 weeks. The results showed that the EG had a significant decrease in HR and HRR at rest and during submaximal and maximal exercise compared to the CG. The results suggest that a 10-week training program can improve the cardiovascular fitness of sedentary middle-aged men.